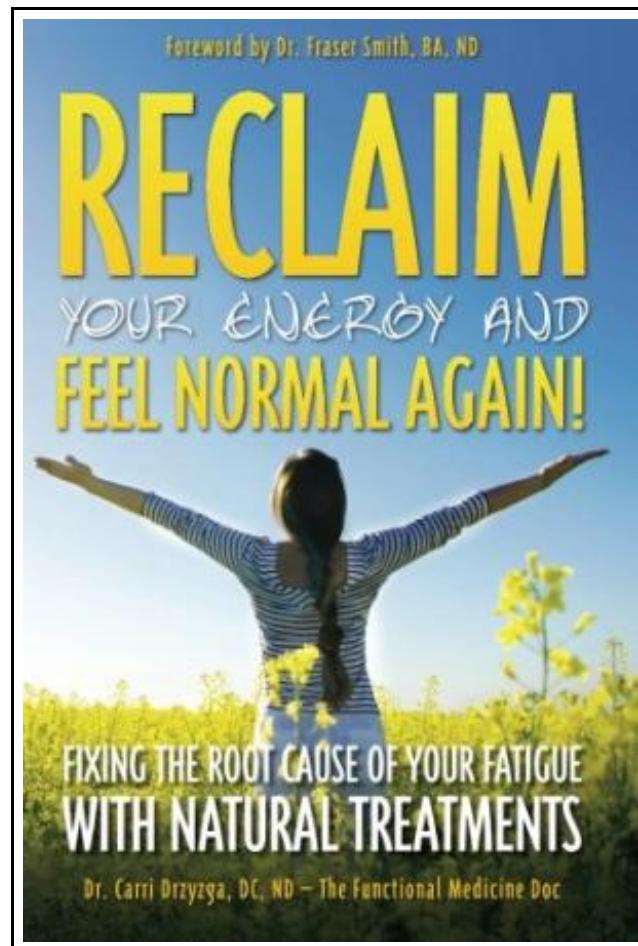


Reclaim Your Energy and Feel Normal Again Fixing the Root Cause of Your Fatigue With Natural Treatments



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Reviews

Comprehensive manual! Its such a excellent read through. I have read and i also am confident that i am going to gonna study once more once again in the future. Your life period will be change when you total looking over this ebook.

(Cordie Hauck DVM)

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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 196 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. Are you sick and tired of . . . being sick and tired? Fatigue is one of the most common complaints in doctors' offices, yet it's also one of the most poorly managed and misunderstood illnesses until now! With *Reclaim Your Energy*, proven, biological science gleaned from Functional Medicine—an emerging, leading-edge field of natural healthcare—you can end doctor visits that merely treat your symptoms, and finally find the underlying, root cause of your fatigue, so you can fix the cause and finally feel normal again! The Functional Medicine approach is not Band-Aid, pop-a-pill medicine. Instead, it provides a sensible, lasting solution to fatigue. Yes, you can truly reclaim your physical and mental energy, feel normal again, get your health back, and enjoy life to the fullest! As Dr. Carri likes to say: FIND THE CAUSE. FIX THE CAUSE. FEEL NORMAL AGAIN! With fatigue, the standard medical approach consists of testing for 1.) anemia and 2.) low thyroid. If you don't have either one of these (and you're otherwise healthy), your family doctor really cannot help you beyond offering you an antidepressant. (You probably already know this from personal experience, too, or else you would have already stopped reading!) The problem is your doctor isn't running the tests you need, and that's why they cannot find the underlying cause of your fatigue! There's ALWAYS a reason for fatigue. If you want to find the root underlying cause of your fatigue and use treatments that are natural, safe and proven effective and finally have a long-lasting solution to your fatigue and feel normal again and get your health back and be able to enjoy your life to the fullest—the solution is right in front of you....



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