



## Dealing with Disappointment: Helping Kids Cope When Things Don't Go Their Way

By Elizabeth Crary

Parenting Press, U.S. Paperback. Book Condition: new. BRAND NEW, Dealing with Disappointment: Helping Kids Cope When Things Don't Go Their Way, Elizabeth Crary, Who's responsible for happiness? Is it your obligation as a parent to make your children happy? No, says veteran parent educator Crary in this thoughtful new book. And worse yet, if you put too much effort into preventing or reducing your child's dissatisfaction with homework, chores or other parts of our daily routine, your children do not develop the skills they need to handle frustration and disappointment. This practical, easy-to-read guide walks parents through the concept of emotional competency, which begins by teaching children to identify and acknowledge their feelings. Then it provides exercises and examples that demonstrate how children--even toddlers--can cope with their, emotions, using self-calming techniques (exercise or a few minutes with a favorite book, for example) and problem-solving tools. Parents who too often find themselves overwhelmed by frustrated children will appreciate the step-by-step recommendations. Crary's straightforward suggestions will help you survive emotional meltdowns--and think through how to prevent future problems. She also identifies how a parent's role changes as children grow and become better able to handle disappointments. Perhaps just as important, the author talks...



[DOWNLOAD PDF](#)



[READ ONLINE](#)  
[ 7.69 MB ]

### Reviews

*Comprehensive information! Its this sort of excellent read. I could possibly comprehend every little thing out of this published e pdf. You wont sense monotony at any moment of your time (that's what catalogs are for about when you ask me).*

-- **Prof. Mauricio Howe III**

*This ebook could be well worth a study, and superior to other. It really is basic but unexpected situations inside the 50 % of your ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Prof. Buford Ziemann**

## Relevant eBooks

---



### Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title: Snow Man youthful selection set: I do...

---



### Ready, Set, Preschool! : Stories, Poems and Picture Games with an Educational Guide for Parents

Book Condition: Brand New. Book Condition: Brand New.

---



### Everything Ser The Everything Green Baby Book From Pregnancy to Babys First Year An Easy and Affordable Guide to Help Moms Care for Their Baby And for the Earth by Jenn Savedge 2009 Paperback

Book Condition: Brand New. Book Condition: Brand New.

---



### Edge] do not do bad kids series: the story of the little liar (color phonetic version) [genuine special(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2010 Publisher: Shanghai Popular Science Shop Books all book Genuine special part of the stock if the stock...

---



### Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video Games. iPods. Kids today are plugged into...

---



### Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.

---