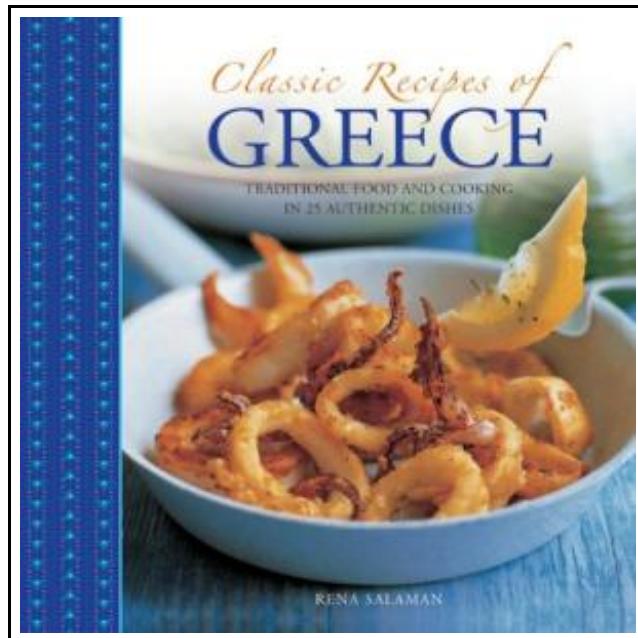


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CLASSIC RECIPES OF GREECE: TRADITIONAL FOOD AND COOKING IN 25 AUTHENTIC DISHES

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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Classic Recipes of Greece: Traditional Food and Cooking in 25 Authentic Dishes, Rena Salaman, This book deals with traditional food and cooking in 25 authentic dishes. It is a glorious collection of enticing, healthy and delicious recipes to delight and inspire every cook. It features dishes from around the Greek Isles including skewered meats and shellfish grilled over a barbecue, refreshing salads dressed with luxurious amounts of olive oil and lemon juice, plus warming soups, baked fish with fragrant herbs and slow-roasted meat with golden potatoes. The introduction offers a concise overview of Greek cooking and eating traditions plus a guide to the classic ingredients of the country. Chapters include Soups and Appetizers; Main Meals; Vegetables and Side Dishes; and Desserts, Cakes and Bakes. It includes over 85 stunning photographs, showing key techniques and a perfect image of each finished dish. Complete nutritional information for every recipe is given to help with dietary planning. Greek cooks make clever use of the abundance of local ingredients, cooking only the freshest available, creating genuine, uncomplicated dishes that show Greek cuisine at its best. From the season's new lamb, slow-cooked with vegetables and sun-drenched salads with herby marinades to hearty meat casseroles and sweet desserts oozing with honey, the recipes in this wonderful little book are sure to delight. It is the perfect introduction to this rich and ancient cuisine, and will enable you to create authentic regional dishes that capture the true essence of Greece.



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