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Cooking Up a Storm: The Teen Survival Cookbook

By Sam Stern

Walker Books Ltd. Paperback. Book Condition: new. BRAND NEW, Cooking Up a Storm: The Teen Survival Cookbook, Sam Stern, Sam Stern shares dozens of his favourite recipes for all occasions. There are pancakes for breakfast and easy lunches like soup or salad to pack up for school. Quick meals like spaghetti or omelettes are best for busy school nights; for weekends there are serious dinners like homemade lasagne or whole roasted chicken. And don't forget fancy, mouth-watering desserts; addictive but healthy snacks; and even special menus and suggestions to help keep your brain boosted during dreaded exam time. Especially geared toward teen readers, Cooking Up a Storm is bursting with over 120 healthy, tasty and simple recipes and food ideas and features a lively commentary from Sam, along with colourful photos of food preparation and the ultimate chef's reward: feasting with friends.


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